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## Taking a portrait

- Camera not too close to subject.  
Use a little telephoto.  
Classic portrait effective focal length from 85mm to 135mm (field of view crop factor included)  
Women especially hate wider angle shots.
- Subject not too close to backdrop.  
Move model away from the backdrop if you have room, toward the camera. It is generally better **not** to have the backdrop in focus.
- Shoot RAW if you have it.
- Open the aperture.
- Use spot exposure on the face.
- Bracketing will save you.
- Don't leave without at least 50 pictures. 100?
- Check images before quitting. Histogram?
- A little underexposure may be advised, especially with a dark background.

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## Standard pose

**Main** light (also called *key light*) from side, 45 deg, and slightly above.

Soft is good (close in + diffuser)

**Fill** light to fill in shadow side,  
1/3 as strong as main light.

- Usually turn head a little. Turn body a little more.
- Common options...  
for woman: tilt top of head toward front shoulder.  
for man: tilt top of head toward rear shoulder.

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## Short lighting

(emphasizes facial contours, narrows the face)

**Turn face** a little farther to side than standard.

**Move** the main light to the side of the face turned away.

**Main** light at 90 degrees.

**Fill** light at 20 degrees

(fill nearer the camera than standard).

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## Broad lighting

(minimizes sharp facial details, minimizes wrinkles, widens a narrow face)

**Turn face** a little farther to side than standard.

**Main** light to *side* of the face toward the camera. Still at 45 degrees.

**Fill** light 45 degrees to the other side.

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## Butterfly lighting

(minimizes skin imperfections, enhances cheekbones)

Subject is **facing** the camera.

**Main** light above camera.

**Fill** light below, and strong enough to minimize the shadow beneath the nose.

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## Chiaroscuro: "key - arrow - skew - row"

• A word borrowed from Italian ("light and shade" or "dark") referring to the modeling of volume by depicting light and shade by contrasting them boldly.

- Usually one hard light from the side. Perhaps add enough fill light to show the other ear.

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## Back light

• Usually hidden behind and below the subject, and aimed to make a halo around the head.

- Hair light    bright and narrow beam.

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## Communicating with Models

- A relaxed subject will produce a much better photo.
- Introduce yourself
- Put them at ease. Ask the obvious questions: what year are you in school? Your major?

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## In the Field

- If possible, photograph people doing what they're doing. Don't always pose them.
- Look around for interesting lighting sources. (soft light coming through a sheer curtain, North side window light, window shades throwing a pattern, computer projector, etc.) Create some shading (show form, or drama). Completely-even lighting is usually boring in a portrait.
- Move them away from the wall, toward the camera. You don't want their wall shadow.
- You might include hints as to either the character or culture of the subject. Details of the picture can add narrative interest.

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